

City of Martinsville Parks & Recreation

Activity Guide

Summer/Fall 2016



**TO GET NEWS ON UPCOMING PROGRAMS, ATHLETICS,
CLASSES, SPECIAL EVENTS AND TRIPS,
LIKE US ON FACEBOOK.**

Welcome

We would like to thank you in advance for picking up the Summer/Fall Activity Guide to view all the great programs and services we are offering over the next few months. Martinsville Parks and Recreation strives to improve the quality of life for citizens of Martinsville and Henry County by providing comprehensive recreational programming for all ages.

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Parks and Shelters

Park Shelters are available to rent from April 1st - October 1st. Please call 276-403-5140 to make your reservation. All parks are open from Sunup to Sundown.

Dana O Baldwin– Swanson St. -

15.5 acres, picnic shelter w/grill, restrooms, tennis courts, and new playground equipment.

J. Frank Wilson—Old Log and Hill Shelter– Church St. Ext. -

30 acres, skate park, basketball court, walking trail, 18 hole disc golf course, playground, restrooms and 2 large picnic shelters.

Beaver Creek Reservoir– Redskin Dr. to Boat Ramp Dr. -

175 acre lake, picnic shelter, restrooms, fishing/boating (no gas powered motors). Boat permits are required and can be purchased at Reservoir for \$3/day or \$15/year. Canoes are also rented out for \$10/day with \$10 refundable deposit.

Jackson St. Park– Jackson & Church St. -

.3 acres, basketball court, park bench, playground equipment

West End Park– Cardinal Ln. -

13.72 acres, ball diamond, multipurpose courts, restrooms, swings, animal rockers, & climber.

J.Russell Mason– Clearview Park.-

6.5 acres, basketball court, picnic shelter, restrooms , Baseball/softball field available for private use.

Southside Park– Ranson Rd. -

37+ acres, 4 groomed baseball/softball field (3 are lighted) which are available to rent, spectator stands, concession stand, 2 separate restrooms facilities, basketball court, play ground, and large shelter.

Chatham Heights Park– Garden Ln. -

9 acres, ball field, multi-purpose court, restrooms, large shelter, playground, and hiking trail

Cole & Carol Street Park– Cole and Carol St. -

1.60 acres, playground equipment, park benches, and picnic area.

Victor A. Lester Memorial Park– Mulberry & Finley St. -

.60 acres gazebo, playground equipment, and picnic area.

Spruce Street Park– Spruce St. -

5.2 acres, ball field and tennis courts.



Youth Activities

Pitch, Hit, & Run

Come out and test your Baseball/Softball skill set against competitors throughout Martinsville-Henry County. Participants will be placed in 4 different age groups: 7-8, 9-10, 11-12, and 13-14. Winners in each age group will advance to a regional tournament.



Date/Time: April 30th

Location: Jordan Creek Park

Cost: Free

Baseball Camp

Martinsville Parks and Recreation, with help from local High School coaches and Patrick Henry Community College, will be offering a youth instructional baseball camp. This is a weeklong camp where participants will be taught fundamentals of fielding, pitching, and hitting. There will be a game between campers on Friday, June 10th. Camp is for kids 6-13 with registration being due on May 20th.

Date: June 6th-10th

Cost: \$25

Location: Southside Park

Hooked on Fishing Clinic

Have fun while helping young people learn the ins and outs of fishing at this local clinic. Martinsville Senior Center, Martinsville Parks and Recreation, Henry County Parks & Recreation and Angler's Choice will sponsor the "Eighteenth Annual Fishing Clinic" on Saturday, June 4th, 2016 from 9am-12noon at Beaver Creek Reservoir. We need local fishermen to introduce children to a sport they can enjoy for the rest of their lives. Children age 7-14 are welcome to participate in the clinic. Call the Senior Center at 276-403-5260 for more information.



Short Sports

Short Sports is a program geared towards 3-6 year old children. Each week a different sport will be taught. This is a great program to introduce your child to a variety of sports and also prepare your child for organized sports. Parents must be present and will be working with their children on assigned tasks. These classes are sponsored and ran by Henry County Parks & Recreation and Martinsville Parks & Recreation.

Date/Time: Monday, July 11th—August 1st / 5:30 – 6:30pm

Location: Collinsville YMCA

Cost: \$10

Canoe Day

Slow down the pace of everyday life and bring your kids out to explore nature at 2 mph! Discover the beautiful Beaver Creek Reservoir by canoe. Canoeing is a simple, healthy exercise that everyone in the family can enjoy. Instruction will be provided for beginners.

Date/Time: June & July 15th from 10:00am-12:00am

Cost: Free

Location: Beaver Creek Reservoir



Youth Activities

Easter Egg Hunt

Come out to Hooker Field on March 26th from 10:00am-12:00pm for a community wide Easter Egg Hunt. There will be an entry fee of 1 canned good or other non-perishable food item that will be donated to local food pantries. The Easter Egg Hunt is for ages 2-12



Earth Day

Join the VMNH, Martinsville Parks and Recreation, and community partners for the 6th annual Earth Day Festival. The festival will be held at J. Frank Wilson Memorial Park on Saturday, April 23rd from 10:00-3:00. Enjoy a day of earth friendly games, crafts, and activities. Admission is free, and food will be available for purchase. Call (276) 634-4185 for more information.

Outdoor Explore Camp

Don't be stuck inside all summer. Get out and enjoy the great outdoors. At this camp you will get to do just that. Spend part of your day hiking, exploring, and fishing and the other learning about outdoor safety and activities. Camp is available to all kids ages 7-11. Please register by June 17th.

Date/Time: June 27th-30th 10:00am-12:00pm

Cost: \$5

Location: City Parks

SPARK fitness

The SPARK program is designed to improve the health of children and adolescents by introducing exercise and nutrition. During this camp, kids will be taught healthy eating habits and given physical fitness tips in order to live a healthy life. This camp is for children ages 7-12. Please register by June 24th.

Date/Time: July 7th, 14th, 21st 10:00am-11:00am

Cost: \$5

Location: TBA

Scavenger Hunt

Do you consider yourself a master of riddles? If so, come by Frank Wilson Park and take place in our yearly Scavenger Hunt. Attendees will be given a starting clue and from there are allowed to scavenge the entire park until the prize is found. This event is open to children of all ages.

Date: July 20th Beginning at 10:00am

Cost: Free



Skate Camp

For those who have always wanted to learn to skateboard or to even improve your skills, Martinsville Parks and Recreation will be hosting a youth Skate Camp. This camp will focus on safety, skate fundamentals, and even skate tricks. This camp is for children ages 7-13. Children are responsible for providing skateboards and pads. The deadline to register is July 8th.

Date: TBD (Late July)

Cost \$20

Location: Frank Wilson Park

Youth Sports

SPONSOR A TEAM

Sponsor a youth sports team. Fee is \$150 per team or \$250 to sponsor 2 teams. Your company name or logo will be placed on the front of the team shirts and you will receive a team picture.

Youth Football

Ages: 6-13

Ages will be broken up into 6-8 (flag), 9-10 (JR Tackle), 11-13 (SR Tackle).

Registration deadline is August 12, 2016 The fee is \$10. Call 403-5140 for more information. Volunteer coaches needed!

Background checks will take place.



Cheerleading

Ages: 9-13

Number of squads will be based on number of football teams. We will have a squad for each team.

Registration deadline will be August 12th, 2016 Registration fee will be \$10.

4-5 Year Old Youth Basketball League

This is a co-ed league for all 4-5 year old kids. The league is designed to familiarize our youth with the rules and skills needed to play basketball. Sign-ups will begin the first of October and games will begin the first of November. The fee to participate is \$10.



Youth Basketball

Girls Basketball:

Ages will be broken up into 8-10 (girls/junior) and 11-13 (girls/senior) Deadline to register is August 12th, 2016. The fee to participate is \$10. This league will begin in late August.

Boys Basketball:

Ages will be broken up into 6-7 (coed), 8-9 (boys/junior) and 10-13 (boys/senior). Deadline to register is November 18, 2016. The fee to participate is \$10. This league will begin the first of January.

Youth Fall Baseball

This is a co-ed coach pitch baseball league designed to familiarize our youth with the rules and skills needed to play baseball. We are also extending our league to include boys and girls mustang/minor. Deadline to register is August 12th. Fee to participate is \$10.

Age Groups:

6-8 co-ed coach pitch

Boys Mustang: 9-10

Girls Minor: 9-11 Girls

Youth Volleyball

Grades: 6th-8th The registration deadline will be November 18th, 2016. Registration fee to play is \$10.

For any questions please call 276-403-5140.

Adult Sports

Men's and Women's Adult CO-ED Softball Summer/Fall League

Ages 18 and older, formed teams only. Please call 276-403-5140 for questions or come by our office to pick up a registration packet for your team.

The Summer league deadline to register is May 6, 2016.

Date/Time: Season will tentatively begin May 19, 2016

Location: Southside Park

Fee: \$250/team

The Fall league deadline is August 12th.

Date/Time: Season will tentatively August 30th 2016

Location: Southside Park

Fee \$250/team



Men's Open Gym

18 & older, join us from 6-8pm to play basketball. Each player must sign a waiver each night. Must wear tennis shoes or basketball shoes to play.

DATE/TIME: Wednesdays, November-March

FEE: \$2/person/night

Disc Golf League

We have an 18-hole disc golf course located at J. Frank Wilson Park. The course is free to play. Come by and pick up your scorecard as league play will begin May 2nd. We will be hosting a tournament later this Fall. Exact date will be announced during the Summer.

Open Tennis League

This league is open to both men and women ages 18 and older. Games will be played at Spruce Street tennis courts. The games will be scheduled throughout the summer months. The registration deadline will be May 13th 2016. Matches will be set up between participants and winners will receive points. For matches won. At the end of the season we will add up all scores with prizes being given out to the winners. Registration fee is \$10

Senior Center

Who we serve...

Martinsville Senior Center provides recreational opportunities to adults age 50 & over and transportation to those 60 & over and to those under 60 who are disabled. The Senior Center also distributes by mail a quarterly newsletter with information containing specific programs. Recreational activities are offered at the Senior Center and several off-site locations.

Free Blood Pressure Screenings

Amedysis Home Healthcare will offer free blood pressure screenings the third Wednesday of each month at the Senior Center from 10a.m.-11a.m. Please call 403-5260 if you plan to attend.

Senior Center

Services

Transportation – Martinsville city residents age 60 & over and disabled residents under 60 who do not have any type of transportation may sign up by calling the Senior Center at 403-5260. Transportation is provided Monday through Friday 8:30a.m. – 3:00p.m. to medical appointments, grocery store, pharmacy, nutrition site at the Senior Center, Dept. of Social Services, Social Security Administration, community recreational activities and other support services for the elderly & disabled. Transportation services are offered to promote continued independent living. An assessment form is filled out on each individual requesting transportation. A determination is made within five working days concerning whether or not the person is eligible. There is no charge to ride the van but you may give a donation if you are able to do so.

DROP IN ACTIVITIES

Mondays– 10a.m.-12p.m. – Crochet Group at the Senior Center – Crocheters of all skill levels are welcome. Snacks are served – Great time for fellowship.

Wednesday – 10a.m. – Bible Study with Zeke Zanatos at Senior Center

11a.m. – Nutrition Site – at Senior Center - Seniors are provided a hot lunch (more details listed below)

11:15a.m. – Rook Games at Senior Center

Thursday – 9a.m. – Bible Study at Senior Center

12:30p.m. –2:30p.m. Bingo at Senior Center (1st & 3rd Thursday)

Friday – 9a.m. Group bowling at Sportlanes located at 10 Koehler Rd in Martinsville

11a.m. – Nutrition Site - seniors are provided a hot lunch at the Senior Center (1st & 3rd Fridays)

2016 Senior Citizens Health Fair & Craft Show

To honor our local senior citizens the Martinsville Senior Center and Henry County Parks & Recreation will sponsor the Annual Senior Health Fair & Craft Show on Thursday, May 12, 2016. This event will be held at Laurel Park’s Lancer Hall located on Rt. 58 East from 8a.m.-12p.m. with lunch being served at 12noon.

Corporate contributors to fund the event are:

Memorial Hospital of Martinsville & Henry County	Collins-McKee-Stone Funeral Homes & Community Funeral Services	
Roselawn Funeral Services	Team Nurse & PrivaCare	River Community Bank

Local human service agencies & businesses will have displays regarding their services and representatives will be on site to answer questions. Seniors may take advantage of the following health screenings:

Diagnostic III Bloodwork- \$32.37; Lipid Panel Only- \$18.22; Prostate Specific Antigen Screening- \$25.03; Thyroid Test- \$22.87

Work Point Wellness of Memorial Hospital will offer the above screenings. For best results, please remember to fast after midnight the night before the screenings. You may take all medications normally taken every day (such as blood pressure medicine) before the screening.

Seniors may take advantage of the following no charge screenings:

Blood Pressure Screening– Team Nurse Vision Screening– Wal-Mart Vision Center Oral Cancer Screening– Dr. Dietrich D.M.D
Depression Screening– Piedmont Community Services

Local artists and craftsmen will be selling and demonstrating their wares. George Hearn of Collins-McKee-Stone Funeral Homes will emcee the event and door prizes will be given away. A light breakfast will be provided and lunch will be served from 12noon until 12:30p.m. For more information concerning the 2016 Health Fair & Craft Show, call the Martinsville Senior Center at 403-5260 or Henry County Parks & Recreation at 634-4644.

Senior Center

Breakfast & Supper Club

The Breakfast Club meets the first Monday of each month at 9a.m. Come join us for food, fun and fellowship. The Supper Club meets the third Thursday of each month at 5:30p.m. Seniors participating in either the Breakfast/Supper Club are responsible for the cost of their meal. Please see restaurant locations below:

Breakfast Club

Monday, April 4th, 2016 – Skip’s Restaurant

Monday, May 2nd, 2016 – Clarence’s Steak House

Monday, June 6th, 2016 - Sirloin House

No Breakfast Club in July

Supper Club

Thursday, April 21st, 2016– Wild Magnolia

Thursday, May 19th, 2016– Clarence’s Steak House

Thursday, June, 16th 2016– Jerry’s Pizza

Thursday, July, 21st 2016– Captain Tom’s

Lunch Club

Meet, greet & eat with other fabulous individuals every quarter. The next Lunch Club meeting will be held on Friday, April 8, 2016 at 12noon. The location will be announced at a later date. Please call us at the Senior Center for the other Lunch Club dates. Lunch is Dutch treat. Pre-registration is required by calling 403-5260.

Senior Nutrition Site

Join us for entertainment, socializing & a good hot lunch. The program is open to seniors on Wednesdays & the first and third Fridays at the Senior Center. Seniors listen to programs on healthy eating and other health matters & monthly blood pressure checks are provided. Seniors can also take part in games such as bingo & dominoes while attending the Nutrition Site.

Senior Bowling

Start your weekend off right by joining us at Sportlanes Bowling Alley each Friday morning at 9a.m. Cost to bowl is \$5.00 for three games which includes cost of bowling ball & shoes. You do not have to be an expert bowler. This is a time for bowlers of all skill levels to participate.

S.A.L.T. NEWS (Seniors & Law Enforcement Together)

The Martinsville/Henry County TRIAD S.A.L.T. Council will have their Annual Senior Appreciation Day & Picnic on Wednesday, June 15, 2016 at Jack Dalton Park from 11a.m.-1:00p.m. Lunch will be served to all seniors. For any questions concerning this event call Southern Area Agency on Aging at 632-6442.

Annual Fall Golf Tournament

The Martinsville Senior Center, Henry County Parks & Recreation and Beaver Hills Golf Club will sponsor their Annual Fall Golf Tournament on Tuesday, September 13 at Beaver Hills Golf Course. Tee-off time for the tournament will be announced closer to tournament time. Refreshments will be served after the first nine holes and immediately following the tournament. For information on qualifying for the tournament, please contact Beaver Hills Golf Course at 632-1526.

Senior Post

This quarterly publication contains the most recent up-to-date information regarding senior citizen activities & programs available to seniors. The newsletter is available to any senior adult interested in being placed on the mailing list by calling the Senior Center at 403-5260.

Travel News

The Martinsville Senior Center has several trips lined up for late Spring/Summer. Tuesday, May 24th, 2016– Trip to Old Salem in Winston Salem, NC cost \$58.00 which includes admission fee into Old Salem, transportation by chartered bus and a light breakfast on the bus. June, 2016 trip to Danville Science Center, details to be announced in the Senior Post. Thursday, August 11, 2016– trip to the Barter Theatre to see a musical production of “Mamma Mia”- Details to be announced in the Senior Post.

Oil Painting Classes

The Senior Center will sponsor ongoing oil painting classes in the late Spring. The classes will be offered in six week sessions on Tuesday mornings. Cost for the class is \$30.00 which does not include supplies. A list of supplies will be mailed to you upon registration or participants can pay a \$15 supply fee. Beginners are welcome. The instructor is Joyce Wray. Please call the Senior Center 403-5260 for more information.

Senior Center

Ice Cream Social

There will be an Ice Cream Social held in Summer 2016 at the Senior Center. The staff will be on hand to make ice cream sundaes & banana splits. The exact date will be announced in the Summer edition of the Senior Post.

Deco Mesh Wreath Class

If you're interested in taking a Deco-Mesh Wreath Class this Summer or Fall call the Senior Center at 403-5260. A Deco-Mesh Wreath is a popular way to transform your door or wall into something beautiful for all your friends to see.

Saturday Morning Update

Please tune in to WHEE-AM 1370 every Saturday morning at 7:45a.m. for updates on Senior Center activities coming up the following week. This is a good way to keep up with all of the day by day regularly scheduled activities & events.

Parks and Recreation Events

Smith River Fest

The Smith River Fest will be held on August 13th, 2016 from 9am-5pm at the Smith River Sports Complex. There will be a river race, mud run, and live music along with a climbing wall, petting zoo, free rides, family fun float, craft and education vendors, food, and pony rides. For more information call 276-634-4649 or visit www.smithriverfest.com.



Screen on the Green

Martinsville Parks and Recreation along with the Martinsville Mustangs and Martinsville YMCA will be hosting Screen on the Green this summer at Hooker Field. Bring your chairs and blankets so that you can kick back and enjoy a classic baseball movie on the field at Hooker Field.

Date/Time: TBA

Fee: Free

Location: Hooker Field

Adult River Kayaking Day

This will be a fun learning experience, not just a trip down the river. Participants will be on the river for 4.8 miles, approximately 2 hours. Everyone will float from South Martinsville to the Smith River Sports Complex. Please bring a water bottle and wear appropriate clothing. Pre-registration is required and the class is limited to 15 participants. Kayaks will be provided if you don't have your own.

Date: May 20th

Fee: \$25 includes a Kayak and \$10 if you provide your own

Time: 9:30am

Great Goblin Gallop 5K

The Henry County Parks & Recreation Office in conjunction with the Martinsville Parks & Recreation sponsors the Annual Great Goblin Gallop 5K Race each October. The race course is a beautiful fairly level loop around Lake Lanier in Martinsville.

Date: October 22nd, 2016



Parks and Recreation Events

Photo Contest

Help us capture the beautiful landscapes, places, and people of Martinsville and Henry County in the 2016 Martinsville Parks & Recreation Photo Contest. Winners will be featured in future Parks & Recreation programs and on our Facebook page! To submit a photo email your photo to parkrec@ci.martinsville.va.us between May 1st– October 1st. Official rules may be picked up at the Martinsville Parks & Recreation office.

Archery Classes and Tournaments

Archery Tournament will offer an array of different targets with participants with the highest score winning. Archery classes will be offered this Fall for children and adults of all ages. This is a great opportunity to learn a new hobby while enjoying the outdoors.



Class Date/ Time: Tournament Date/Time: September 3rd, 10th, and 17th. From 9:00am-11:00am.

Tournament date September 24th beginning at 10:00am

Fee: \$25 for classes and \$10 for tournament

Location: City Gun Range

Home Run Derby

Do you consider yourself a power hitter and want to prove it to the community? Come down to Southside Park for a fun evening of softball, food, prizes, and music. Contestant must provide pitcher and their own ball. Any core and compression ball and bat is welcomed. Derby will be held in playoff style with 3 rounds.

Date/Time: September 11th at 7:00pm

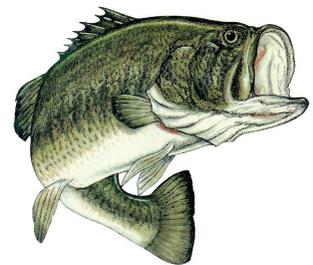
Fee: \$10 per contestant

Location: Southside Park

Bass Tournament/Night Catfish at Beaver Creek Reservoir

Bass Dates: March 12th, April 9th, May 14th, June 11th, July 9th, August 13th, September 10th, and October 8th.

The cost to enter will be \$40 per boat with payout being \$30 per boat that is entered. March 12th, April 9th, and October 8th will begin at 7am-1:00pm. May 14th and September 10th will begin at 6:00am-12:00pm. June 11th, July 9th, August 13th will begin at 6:00pm-12:00am. An optional \$5 per person lunker will be at each tournament and \$10 pot for biggest fish of series will be available also.



Night Catfish Dates: May 28th, June 25th, July 23rd, and August 27th.

Cost is \$10 per person per date and the prize will be a 50/50 cash payout for the largest fish. They will begin at 6pm-12:00am and payment will be taken at gate the night of the catfish tournament.

For information Call David Johnston at 252-7680 or Zach Morris at 276-403-5379.

Trunk-or-Treat

Martinsville Parks and Recreation along with Henry County Parks and Recreation and the YMCA will be hosting a Trunk-or-Treat which is open to the community. You can dress up in your favorite costume, play games, and even enjoy a spooky hayride all in the same night.

Date/Time: October 29th from 6:00pm-8:00pm

Location: Jack Dalton Park

MARTINSVILLE MUSTANGS

May 31st- Opening Night!!

June 18th- Fireworks!!!

July 2nd- Independence Day Celebration!

July 23rd- Salute to Troops!!

July 29th- Strikeout Cancer!!

August 5th- Friday Fireworks!!!

August 6th- Great Community Giveback Game!

Head to MartinsvilleMustangs.com to check out our full schedule and information!

“Like” us on Facebook to stay up to date on all of our promotions and everything Mustangs!!!!

